A lack of self-preparedness turns people into "Potential Victims"!

Do not let the "Bad Guys", terrorize you
Join Now!

HOW TO MITIGATE OR OVERCOME VIOLENT CRIME STRIKES, "MODERN" CATASTROPHES OR TERRORISM ENCOUNTERS IN THE 21ST CENTURY

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Introduction

Welcome to the Ultimate Israeli Preparatory Training Program. For the past 30 years the International Security Academy has been directly involved in developing strategies to cope with various forms of terrorism. We are devoted to developing innovative and effective methods for combating violent offenders and terrorists.

We have developed programs that offer our students practical training that is taught by seasoned professionals. Our methods involve intense counterterrorism simulations that utilize proven methods of handling threatening situations. Participants engage in a variety of preparatory training that will prepare them to handle potential attackers, kidnappers, stalkers, and terrorists.

The Goal

This program was created for the purpose of preparatory training that is geared towards enhancing the participants’ ability to protect themselves and their families. Through professional and simple training, they will attain a level of self-defense and response techniques that will save lives when necessary.

It is essential to improve the mental and physical capabilities of our trainees for better coping and better functioning in situations resulting from violent crimes, terrorism threats or strikes, and various catastrophes occurring in our modern society. Your training course will be introduced with the proven Israeli protection concepts, methods, tactics, and tactical response methods to violent attacks.

Our preparation methods for this struggle resemble a vaccine against viruses, which is a weakened dosage of the cause of the illness. It causes the immune system to strengthen without damaging it, thus achieving future inoculation against similar diseases.

Dear friends, from all levels of society, hope and faith are very helpful for overcoming a crisis. However, the real solution to defeating your street crime or terror incident and overcoming unsafe feelings is to support your leaders and law enforcement and act by improving your own inner strength and physical abilities. Doing this will help you struggle against the “evils” that try to terrorize your daily life.

Do not let anyone make you the victim !!!
THE ULTIMATE ISRAELI PREPARATORY TRAINING
How to mitigate and overcome Violent Crime and acts of Terrorism

PERSONAL PROTECTION, COUNTER TERRORISM AWARENESS & PREPAREDNESS

INSIGHT
The recent massive demographic changes in Europe are already bringing with it cultural and many other conflicts that are the basis for violent events everywhere in Europe.

We are convinced that the entire civilian population needs to be more aware and better prepared for today's "modern" catastrophes, violence and terrorizing encounters.

Israel's secret weapon has, and always will be, our entire society's strength, more precisely, the education, training and preparation of Israelis that have defeated and mitigated violent crime and terrorism, and have helped and will continue to help bring a healthy economy and high living standards to our country's population.

Do not let anyone make you the victim!!!
By failing to prepare, YOU are preparing to fail!!!

Intended for:
Youth, women & men with a winner's mindset (NO former experience required)

ISA-ISRAEL programs are available for all to participate, putting aside such barriers as religion, political opinions, nationality, gender etc.
The Program’s Objectives

1. To share Israeli Protection & Counter Terrorism concepts, methods and tactics for public awareness and preparedness to mitigate and overcome violent encounters expected from the dramatic demographic changes all over Europe.

2. To allow Protection Personnel and Management to mitigate and overcome possible cross-cultural misunderstandings or conflicts with their new Arab or Muslim immigrants in the various neighborhoods where our trainees may need to operate.

3. To allow our trainees to be the “bridge” between the state inhabitants and the immigrants / new residents in those neighborhoods and communities over Europe.

4. To ensure that our trainees will have the basic knowledge, methods and skills which will allow them to perform their life routine properly, avoiding unnecessary misunderstanding or conflicts with their Arab or Muslim neighbors or with the local population in any Arab or Muslim countries.

5. Preparatory training that is geared towards enhancing the participants’ ability to protect themselves and their families. Through professional and simple training, they will attain a level of self-defense and response abilities that will save lives when necessary.

6. To improve the mental and physical abilities of our trainees for better coping and better functioning in situations resulting from violent crimes, terrorism threats or strikes, and various catastrophes occurring in our modern society.

7. To introduce the Israeli Tactical response methods to violent attacks.

8. To enable the applicants to test their operational fitness and ability to work in the protection field.
About the preparatory training program

• This is an extensive practical training program developed by International Security Academy - Israel, based on the real Israeli expertise, concepts, and methods to strengthen people when coping with high pressure situations. It deals with self-empowerment and team-empowerment.

• Israel is continually under threat of terrorist attacks from within and from outside the country, therefore the Israeli population have been trained and given the ability to overcome unexpected attacks and to adapt to high threat situations of extreme violence.

• We give priority to the qualifications and involvement of our entire population in the struggle against violent crime or terrorism; we do not consider it as the concerns of the law enforcement only.

• Our experience dictates that a person in a stronger mental and physical condition feels more self-confident, functions and cops much better with high stress situations resulting from crises and violence.

• We realized that self-confidence improves the participant's character and behavior in their family, their awareness and desire to contribute, to be more involved and to influence the quality of life in the entire society, the lack of self-confidence turns people into aggressors or potential victims, who look and behave accordingly.

Do not let anyone make you the victim !!!

What is so special in the program?

• The program is based on models developed by ISA-ISRAEL; Leveraging ISA core expertise has created a unique avant-garde development program concentrating on personal inner strength based leadership.

• The program combines simulated and dynamic training, and hands-on drills infused with psychological solutions and emotional resiliency training.

• Our primary objective is to provide our trainees with an unforgettable experience that is unique, a magnificent opportunity to develop and apply solid inner strengths.

• Our training programs are different, special and unique - we supply each participant with an unforgettable practical experience.

• The various analyses together with the vast experience accumulated in Israel and throughout the world have led to an unequivocal conclusion:
  * To improve our ability to understand and operate under emotional and psychological stress, during situations of violence and pressure, we combine practical training, simulations of unusual situations, and drills.
  * Education, training and preparation of Israelis have defeated and mitigated the violent crime and terrorism, and have helped and will continue to help bring healthy economy and high living standards to our country’s population.

Our preparation methods for this struggle resembles a vaccine against viruses, which is actually a weakened dosage of the cause of the illness, which causes the immune system to strengthen without damaging it, thus achieving future inoculation against similar diseases.

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**Participant’s achievements**

The participants will:

- Experience a deep, sustainable genuine change with preparedness for future challenges.
- Possess a solid proactive sense, “take-charge” mode, and strong personal visions that serve as life guidance in decision making process.
- Have supreme confidence, high self-esteem, and a lucid state of mind.
- Get steadfast improvement to function under pressure mentally and physically.
- Feel renewed and will experience personal growth and be highly motivated.
- Improve self-control; be able to mitigate and overcome any intimidations which typically appear in modern society.
- Discover and sustain their personal inner strength.
- A person with a strong mental and physical condition will demonstrate a high level of self-confidence. As a result, is able to deal successfully with high-stress situations resulting from a personal crisis or a violent event.
- High self-confidence and self-esteem will guarantee improvement of personal behavior, self-motivation, situational awareness, and pro-activeness. Thus, those critical elements will influence the individual’s quality of life.
- Inner Strength prevents us from being victims of unfortunate circumstances. It is intended for forward thinking people, who wish to advance further then they have managed before.
- Studies have shown that Inner strength is one of the most important characteristics of successful people.
- Inner strength allows you to motivate and lead yourself and others from within. Inner strength is the ability to withstand adverse situations based on mental and physical fitness. It encompasses situational awareness, readiness and willingness to persist in difficult situations. The sources for personal inner strength are: confidence, spirituality, and mental strength.
- Inner Strength permits you to be more independent and take responsibility for events that take place in your life; enabling a proactive mentality and risk-taking within the decision making process.
- Most importantly, leaders need to understand the responsibility of their decisions and actions, and only leaders with inner strength will be guided from within. Due to the recent growing importance of entrepreneurship in our daily lives, we need to explore the core strength of our inner ability far more than ever before.country’s population.

**Summary**

My dear friends from all level of society, hope and faith is very helping to overcome crisis but the real solution to defeat your street crime/terror and unsafe feeling is to support your leaders and law enforcement and take action by improving your own inner strength and physical abilities to struggle against the “evils” that try to terrorize your life daily.

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